

**LIST ONE**

**ROW 3: N. Ireland Curriculum and National Curriculum (England)**

Words relating to topics children will be asked to write about should be chosen from the word bank at the back of this book, or you can choose the optional extension words below.

OPTIONAL EXTENSION WORDS: tried sure until

The Doubling Rule

When one syllable words end in a single consonant letter after a single vowel letter you double the last consonant letter before adding '-ed' and '-ing', e.g. plan - planned.

See worksheet 1:5 in activity book B.

**DICTIONARY SENTENCES**

ROW 1

I am going to the van.  
A man ran to the van.

ROW 2

We made it in the pan.  
I can do it again.  
The man is big.

**WORD MEANINGS AND USAGE**

can --- noun -- a can of beans  
verb -- I can do something.

plan --- noun -- A map is a plan.

verb -- to plan to do something

fan --- noun -- A fan cools you down.

verb -- to fan yourself

16/3/20

**ROW 3: N. Ireland Curriculum Extension Words**

Words relating to topics children will be asked to write about should be chosen from the word bank at the back of this book, or you can choose the optional extension words below.

OPTIONAL EXTENSION WORDS: other another many

**DICTIONARY SENTENCES**

ROW 1

The man is with my dad. I like my dad.

ROW 2

My grandad came to visit me.

**LIST TWO**

**Row 3: National Curriculum (England) Extension Words**

other, another, brother

The underlined vowel sound in these words is the same sound as the vowel sound in the word 'cup'. See Programmes of Study Key Stages 1 & 2, IPA table, page 73.

Care should be taken when considering the use of activities that ask young children or older children with poor orthographic awareness to select the correct letter(s) for a given sound from a range of possible alternatives, unless the teacher is certain that the child has sufficient orthographic knowledge already in memory to aid the choice of the correct spelling. Further reading McMurray, S (2014) The case for frequency sensitivity in orthographic learning. *Journal of Research in Special Educational Needs*, in press.

RHYME  
PATTERNS

1      

an
man
can
fan
than

2      

an
tan
pan
span

3      

an
ran
van
plan

FREQUENCY  
WORDS

A  
going  
made

B  
to  
again

C  
the  
big

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**LIST TWO**

DATE 16/3/2020

RHYME  
PATTERNS

1      

ad
bad
had
dad

2      

ad
mad
sad
pad

3      

ad
lad
glad

FREQUENCY  
WORDS

A  
with  
grandad

B  
is  
came

C  
like  
visit

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### ROW 3: N. Ireland Curriculum Extension Words

Words relating to topics children will be asked to write about should be chosen from the word bank at the back of this book, or you can choose the optional extension words below.

OPTIONAL EXTENSION WORDS: opened closed slowly

## LIST THREE

### DICTIONATION SENTENCES

#### ROW 1

My mum was sad.  
I was bad.

#### ROW 2

My mum was cross with me again.  
I was happy when my mum came.

### THE DOUBLING RULE CONTINUED

When one syllable words end in a single consonant letter after a single vowel letter you double the last consonant letter before adding '-ed' and '-ing', e.g. drag.

'The boy **dragged** the chair across the floor.'

See worksheet 3:5 in activity book B.

### ROW 3: National Curriculum (England) Extension Words

happier happiest (The 'y' in 'happy' is changed into 'i' before adding 'er' or 'est'.)

Rule: 'y' is changed into 'i' before '-ed', '-er' and '-est' are added to the end of the word but not before 'ing' is added to the end of the word, e.g. crying.

### ROW 3: N. Ireland Curriculum Extension Words

Words relating to topics children will be asked to write about should be chosen from the word bank at the back of this book, or you can choose the optional extension words below.

OPTIONAL EXTENSION WORDS: frightened scared alone

### DICTIONATION SENTENCES

#### ROW 1

My dad and I like to play with my toys.  
The man had a cap on.

#### ROW 2

I ran down the street to meet my dad.

### WORD MEANINGS AND USAGE

lap --- noun -- part of your body  
noun -- a circuit in a race  
verb -- water breaking gently against the shore  
verb -- animals drinking by collecting liquid on their tongue  
tap --- noun -- a water tap  
verb -- to hit gently

### ROW 3: National Curriculum (England) Extension Words (See 'wrap' in list 4.)

The 'r' sound in the word 'wrap' is preceded by a silent letter.

EXTENSION WORDS: wrong wreck wrestle

## LIST FOUR

## LIST THREE

DATE ... 23/3/2020

RHYME  
PATTERNS

	ag
1	bag
	wag
	nag

	ag
2	sag
	tag
	stag

	ag
3	lag
	rag
	drag

FREQUENCY  
WORDS

A  
my  
cross

B  
mum  
happy

C  
was  
when

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## LIST FOUR

DATE ... 30/3/2020

RHYME  
PATTERNS

	ap
1	cap
	lap
	clap
	slap

	ap
2	map
	nap
	rap
	snap

	ap
3	gap
	tap
	trap
	wrap
	scrap

FREQUENCY  
WORDS

A  
play  
down

B  
and  
street

C  
toys  
meet

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### ROW 3: N. Ireland Curriculum Extension Words

Words relating to topics children will be asked to write about should be chosen from the word bank at the back of this book, or you can choose the optional extension words below.

OPTIONAL EXTENSION WORDS: heard loud noise

## LIST FIVE

#### Dictation Sentences

##### ROW 1

The cat was in her bed.  
It is his hat.

##### ROW 2

My dad is at work.  
My mum had a chat with my teacher  
about my work.

#### Word Meanings and Usage

**flat** --- noun -- a type of house  
adj -- something which is level  
**bat** --- noun -- something used in games  
to hit a ball  
noun -- a winged animal that  
flies at night  
verb -- to hit a ball in a game

THE DOUBLING RULE CONTINUED: See worksheet 5:5 in activity book B.

### ROW 3: National Curriculum (England) Extension Words (See 'work' in list 5.)

word world worm (In England the pronunciation of the sound made by 'or' after the letter 'w' is the same sound as the vowel sound in the words girl, turn and fern.)

*As explained in the notes for list 2, activities should be avoided that ask young children or older children with poor orthographic awareness to select the correct letters for a given sound from a range of possible alternatives, unless the teacher is certain that the child has sufficient orthographic knowledge already in memory to aid the choice of the correct spelling.*

### ROW 3: N. Ireland Curriculum Extension Words

Words relating to topics children will be asked to write about should be chosen from the word bank at the back of this book, or you can choose the optional extension words below.

OPTIONAL EXTENSION WORDS: haunted scream scary

## LIST SIX

#### Dictation Sentences

##### ROW 1

She is going into the house  
to play with her toys.

##### ROW 2

We were back first.

#### Word Meanings and Usage

**jam** --- noun -- strawberry jam / traffic jam  
verb -- when something gets stuck

#### THE DOUBLING RULE CONTINUED

See worksheet 6:5 in activity book B.

### ROW 3: National Curriculum (England) Extension Words (the sound 'j' as in 'jam')

The letter 'j' is never used at the end of a word. The 'j' sound, at the end of a word, is made by the letters '-dge' after each of the short vowel sounds.

edge badge bridge dodge fudge

LIST FIVE

DATE 6/4/2020

RHYME PATTERNS

	at
1	rat
	sat
	pat
	that

	at
2	bat
	cat
	hat
	chat

	at
3	mat
	fat
	flat

FREQUENCY WORDS

A  
her  
teacher

B  
his  
about

C  
bed  
work

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LIST SIX

DATE 20/4/2020

RHYME PATTERNS

	am
1	ram
	cram
	scram

	am
2	ham
	pram
	tram

	am
3	jam
	slam
	swam

FREQUENCY WORDS

A  
horse  
house  
first

B  
she  
were

C  
into  
back

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### ROW 3: N.Ireland Curriculum Extension Words

Words relating to topics children will be asked to write about should be chosen from the word bank at the back of this book, or you can choose the optional extension words below.

OPTIONAL EXTENSION WORDS: Hallowe'en ghost witch

#### LIST SEVEN DICTATION SENTENCES

##### ROW 1

We went home to bed.

##### ROW 2

We were home in time for tea.

#### THE DOUBLING RULE CONTINUED

See worksheet 7:5 in activity book B.

### ROW 3: National Curriculum (England) Extension Words (See 'that' in list 7.)

EXTENSION WORDS: can't that's

#### Contractions

In contractions, the apostrophe shows where a letter or letters would be if the words were written in full. (can (list 1) can not = can't / that (list 5) that is = that's)

### ROW 3: N.Ireland Curriculum Extension Words

Words relating to topics children will be asked to write about should be chosen from the word bank at the back of this book, or you can choose the optional extension words below.

OPTIONAL EXTENSION WORDS: chase brave dream

#### LIST EIGHT DICTATION SENTENCES

##### ROW 1

One day I got the bus home.

##### ROW 2

Once upon a time, a long time ago,  
I had a big red van.

#### THE DOUBLING RULE CONTINUED

See worksheet 8:5 in activity book B.

#### WORD MEANINGS AND USAGE

**spot** --- noun -- a spot of paint  
verb -- to spot someone in the crowd (to see them)

**dot** --- noun -- a small round mark  
verb -- to place a dot over a letter

### ROW 3: National Curriculum (England) Extension Words

EXTENSION WORDS: teatime daytime bedtime homework

#### Compound Words

Compound words are two words joined together to make a new word.

tea + time = teatime, day + time = daytime, bed + time = bedtime, home + work = homework

**LIST SEVEN**

DATE 27/4/2020

**RHYME PATTERNS**

	ab
1	jab cab crab

	ab
2	tab stab slab

	ab
3	dab drab grab

**FREQUENCY WORDS**

A  
we  
for

B  
went  
tea

C  
home  
time

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**LIST EIGHT**

DATE 5/5/20

**RHYME PATTERNS**

	ot
1	cot dot lot blot

	ot
2	got pot spot

	ot
3	hot not knot shot

**FREQUENCY WORDS**

A  
one  
once

B  
day  
upon

C  
bus  
long

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**LIST NINE****ROW 3: N.Ireland Curriculum Extension Words**

Words relating to topics children will be asked to write about should be chosen from the word bank at the back of this book, or you can choose the optional extension words below.

OPTIONAL EXTENSION WORDS: spend buy money

**DICTIONARY SENTENCES****ROW 1**

On Saturday I went to the shops with my mum.  
We got the bus at the bus stop.

**WORD MEANINGS AND USAGE**

**drop** --- noun -- a drop of rain  
verb -- to drop a plate

**shop** --- noun -- a greengrocer's shop  
verb -- to shop in a supermarket

**ROW 2**

I went shopping and bought sweets.

**THE DOUBLING RULE CONTINUED:** See worksheet 9:5 in activity book B.

**ROW 3: National Curriculum (England) Extension Words**

EXTENSION WORDS: played, player mix, mixing, mixed, mixer

'Y' and 'X' are never doubled before adding '-ed', '-ing' or '-er' ('Y' and 'X' are exceptions to the doubling rule.).

**LIST TEN****ROW 3: N.Ireland Curriculum Extension Words**

Words relating to topics children will be asked to write about should be chosen from the word bank at the back of this book, or you can choose the optional extension words below.

OPTIONAL EXTENSION WORDS: excited exciting laugh

**DICTIONARY SENTENCES****ROW 1**

My friend came to play with me.

**WORD MEANINGS AND USAGE**

**log** - noun - part of a tree that has been cut,  
e.g. the trunk or a thick branch  
noun - an official written record  
of a journey  
verb - the act of recording events

**ROW 2**

We went to the park for a walk before tea.

**THE DOUBLING RULE CONTINUED:** See worksheet 10:5 in activity book B.

**ROW 3: National Curriculum (England) Extension Words**

EXTENSION WORDS: excited exciting nice nicer nicest

If a word has an 'e' at the end of the word and a consonant before the 'e', then you drop the 'e' before adding '-ing', '-ed', '-er', '-est' or '-y'.

excite = excited, exciting / nice = nicer, nicest

**LIST NINE**

DATE 11/5/20

RHYME  
PATTERNS

1	op
	pop
	mop
	plop
	flop

2	op
	top
	stop
	crop
	drop

3	op
	hop
	shop
	prop

FREQUENCY  
WORDS

A  
Saturday  
bought

B  
good  
sweets

C  
fun  
shopping

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**LIST TEN**

DATE 18/5/20

RHYME  
PATTERNS

1	og
	dog
	cog
	fog
	frog

2	og
	bog
	jog
	log
	flog

3	od
	cod
	nod
	pod
	rod

FREQUENCY  
WORDS

A  
friend  
walk

B  
came  
park

C  
me  
before

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