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|  | **St Joseph’s PS Meals Menu****Monday** | **Tuesday** | **Wednesday** | **Thursday** | Version 1 colour for printing (1)**Friday** |
| **WEEK 1****19/09/22****17/10/22****14/11/22****12/12/22** | **Breaded Chicken Goujons****Sweetcorn,****Mashed Potatoes****Salad Selection****Vanilla Ice Cream, Oranges and Chocolate Sauce** | **Breaded Fish Fingers****Baked Beans****Mixed Vegetables****Mashed Potato****Fresh Fruit Selection & Yoghurt** | **Breast of Chicken Curry & Rice** **Naan Bread** **Garden Peas****Jam & Coconut Sponge & Custard** | **Roast Beef****Traditional Stuffing, Gravy****Fresh Baton Carrots****Broccoli Florets****Oven Dry Roast & Mashed Potatoes****Frozen Yoghurt & Fresh Fruit Selection** | **Steak Burger with Bap****Tossed Salad/Coleslaw****Chips****Baked Potato****Flakemeal Biscuits & Fresh Fruit Chunks** |
| **WEEK 2****29/08/22****26/09/22****24/10/22****21/11/22****19/12/22** | **Spaghetti Bolognaise****Crusty Bread****Tossed salad****Melon, Cheese & Crackers** | **Breaded Fish Goujons****Sweetcorn****Mashed Potato****Flakemeal Biscuit & Fresh Fruit** | **Breast of Chicken Curry with Boiled Rice****Naan Bread****Garden Peas****Chocolate Sponge & Custard** | **Roast Pork****Traditional Stuffing****Gravy****Cauliflower Cheese****Fresh Diced Carrots****Oven Dry Roast & Mashed Potato****Fresh Fruit Selection & Yoghurt** | **Breaded Chicken Bites****Beans****Chips****Baked Potato****Coleslaw****Jelly, Ice Cream and Fresh Fruit** |
| **WEEK 3****05/09/22****03/10/22****31/10/22****28/11/22** | **Pasta Bolognaise****Crusty bread****Sweetcorn****Raspberry Ripple Ice Cream &****Fresh Fruit Chunks** | **Salmon Fish Cake/Breaded Fish****Baked Beans****Mashed Potato****Frozen Smoothie & Fresh Fruit** | **Breast of Chicken Curry with Boiled Rice****Naan Bread****Garden Peas****Fruit Sponge & Custard** | **Roast Breast of Chicken****Traditional stuffing****Gravy****Carrot & Parsnip****Oven Dry Roast & Mashed Potato****Popcorn Cookies & Watermelon Chunks** | **Burger in a Bap****Coleslaw****Tossed Salad****Chips****Baked Potato****Fresh Fruit Selection & Yoghurts** |
| **WEEK 4****12/09/22****10/10/22****07/11/22****05/12/22** | **Oven Baked Sausages****Baked Beans****Mashed potatoes****Arctic Roll & Selection of Fresh Fruit** | **Breaded Fish Fillets****Sweetcorn & Peas****Mashed Potato****Melon, Cheese & Crackers** | **Breast of Chicken Curry with Boiled Rice****Naan Bread****Garden Peas****Baked Potato****Fruit Sponge & Custard** | **Roast Beef****Traditional stuffing****Gravy****Savoy cabbage****Oven Roast Dry & Mashed Potato****Fresh Fruit Selection & Yoghurt** | **Steak Burger in a Bap/Pizza****Chips****Baked Potato****Tossed Salad****Coleslaw****Flakemeal Biscuit & Fruit Chunks** |

** ***Menu choices subject to deliveries***

***If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form***

***Breads***

***Milk, Water***

***A Choice of Fresh Fruit & Yoghurt***

 ***Available Daily***

***Fresh Fish May Contain Bones***